MDRA 2008 Grand Prix Series Form

2008 GRAND PRIX RACES

January: Meet of the Miles (U-M indoors), January 14
March: Human Race 8K, March 16
April: Trail Mix 25K, April 19
April: Get in Gear 10K, April 26
May: New Prague Half Marathon, May 10
June: Grandma's Marathon, June 21
July: Rice Street Mile, July 23
August: Hennepin-Lake 10K, August 3
August: Rochester Half Marathon at the Holiday Inn, August 23
September: Victory 10K, September 1
September: City of Lakes 25K, September 7
October: Twin Cities Marathon, October 5
November: Rocky's Run 5K (cross-country), November 2

GRAND PRIX ENTRY DETAILS

1. Cost is $5.00 for the entire series. This is above and beyond the race entry fees, and is a one-time fee paid to the MDRA. GP scoring will include only GP registrants who are registered finishers of a GP race. No retroactive registration; runners registering after Human Race, for example, will not be counted in Human Race 's GP results even if they ran it.

2. Runners score according to their finish place out of all GP registered finishers each race. The first GP runner in each race will score 1,000 points. All others will score based upon the percentile in which the runners finish such that the middle finisher will always score 500 points. Points are awarded without regard to age or sex.

3. There are 13 GP races. A runner may compete in as few or as many of the races as they choose; however, results from only 10 races will count. If a runner runs more than 10 races, only their 10 highest scores will count. Anyone running in 10 or fewer races will have all of their scores included.

4. Scores are tallied within age division for each sex. Runners do not change age divisions during the year. A runner 's division is set according to his division on the day of his first GP score. For example, a runner turning 50 on April 1 would be scored all year in the 45-49 bracket if she runs Human Race as a GP registrant, but would score all year in the 50-54 bracket if her first GP score is after April 1.

5. Age groups for both male and females are 0-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+. In order for an age group to exist, it must have at least two participants, and each participant must complete 2 races.

6. Grand Prix standing information will be included in *RunMinnesota,* and on the MDRA website @ www.runmdra.org, on the **Need To Race** website at www.needtorace.com/MDRA/,and e-mailed to all participants. For your information, in 2007, the 2 marathons reached their limits very early..

7.. There will be awards for each age group winner, which will be presented at the MDRA annual party held in January 2008.. Also, **Need to Race** will present a special award to anyone who participates in all 13 races. In addition, anyone participating in at least 10 of the races will get an nice MDRA technical shirt.

8. The dates listed above are the probable dates, but should be reconfirmed as race day approaches.

QUESTIONS?

Email Hal Gensler at hgensler@lblco.com

LAST NAME | FIRST NAME | MIDDLE INITIAL

ADDRESS

CITY | STATE | ZIP CODE

PHONE | M OR F | DATE OF BIRTH

E-MAIL

LOCATION

A B C D E F G H I

J K L M N O P Q R

S T U V W X Y Z

To register for GRAND PRIX, fill out, and mail this portion with $5.00 (Check payable to MDRA) to

Hal Gensler
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